QRM in VHF Contests

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presentation prepared for Polish VHF meeting in Zieleniec 2014 poor English translation made by author

Why to talk about VHF contesting? What consequence it have..

- Funny for participants and even a bit of adrenalin (OK, why not..)
- More activity on VHF bands and even few DX QSOs. And testing your gear...

- And what about: be ensured, that I'm better, than competitor, or event the best!?

THE BEST?.... TAKE CARE! => It is already more about PSYCHOLOGY!

- Operator's EGO empowering through conquery of rival station in contest result?!
- However nobody will winn always! Is you result worse, than expexted?
- Envy to competitor may bring decision to use unlegal tools (RF power, or even remote RX...)
- And it may create QRM, which fall off human relations. Where is a Hamspirit today?
- We have in OK operators, who when they did not won a twice in VHF Contest stop all VHF activity. Really it was a spoil for QRM only?
- If you can not be on second position in VHF contest, maybe just three other basic options are: to be always the first in EME contesting (or with first QSOs abroad), or even win always in SHF contest on super microwaves (above 100GHz)....

.... Or to learn what you can to improve and stay human....

Contesting on VHF bands is fun and it is a satisfaction for all of life. If you haven't EGO hypertrofy, I would suggest never be a surrender and learn, how to be better and what you make to improve for next.

And to have a bit of mercy for other, who feels, that he must be always the best...



And now few words about QRM

Commercial products like a ICOM, YAESU, KENWOOD, ELECRAFT, TEN TEC, or even MIRAGE, BEKO etc. is not a professional equipment!

Due to it would be quite helpful to know a bit more about limits of your equipment, used in VHF Contests, than you may read in user manual...

QRM in contesting and EMC generally is quite complex issue. You never know, what may happen in contest, where strong RF field may have some influence. So you need not only knowledge but humility as well. EGO hypertrofy is not a good advisor!



Did you listen on VHF bands during Contest just other stations and noise?

- Video QRM
 - https://www.youtube.com/watch?v=lgNncmA3RN0
 - https://www.youtube.com/watch?v=qbpPFezx8GM
 - https://www.youtube.com/watch?v=bZaC8eOewjY
- Why we present Czech experience?
 - Compare for example: 3rd. subregional 144MHz Contest 2014:
 - Poland 66 stations 313000km2 neighbours distance avg. 78km
 - Czech 157 stations 79000km2 neighbours distance avg. 25km only!

What is a main reason of QRM:

- Operators faults
- Intermodulation of transmitter chain
- Sideband noise of local oscilators in both TX & RX gear
- Rough and unusual failures
- Troubles on RX side
- System troubles

Operators faults

- overdrived PA - particularly SSPA – PEP measurment of PWR is missing!

http://www.ok2kkw.com/00003016/wattmetr/wattmeter 2 cz.htm

(or use at least LED bargraf with LM3914 IC! Or similar, to see the peaks!)

transceiver ALC loop malfunction
 <u>http://lea.hamradio.si/~s53rm/IC275H.htm</u>
 <u>http://www.sm5bsz.com/dynrange/eme2004/eme2004.htm</u>

disable ALC, or modify time response of ALC loop: http://www.ok2kkw.com/00000104/ft847 alc mod/alc ft847 cz 2.htm (or at least decrease in transceiver SW gain of TX chain!)

- break down of supply voltage for transceiver in case of use battery supply,
- unskilled operator, who has no VHF QRM experience (on HF it is different!)
- broadband noise of TX chain bad system design of TX way too many amplifiers in cascade are working with too low signal level

Intermodulations

Sometime on nonlinearities of active elements may be created new frequencies, which could be a QRM reason:



Transmitter intermodulations

- low voltage SSPAs short linear response in case of 12V supply (linearity troubles with Mitsubishi hybrids), bad BIAS circuit for AB class <u>http://www.ok2kkw.com/00003016/bias/bias_new.htm</u> <u>http://www.ok2kkw.com/zdroj_predpeti_elektronky.htm</u> <u>http://www.ok1baf.wz.cz/g2/g2.htm</u>
 - bad input matching of tube PA, connected to SSPA output + even positive feedback of triode PA with common grid (mostly on 70cm) <u>http://www.ok2kkw.com/studnice/gi7b_neutralization.htm</u>
 - bad matching on SSPA output may create even malfunction of ALC
 intermodulation of driver transceiver (for example FT1000) in case of use transverter low level output due to disconnected ALC in TRX.

Phase (sideband) noise of TX & RX Local oscillators

- Calculate path loss between two contest stations in 25km distance
- http://en.wikipedia.org/wiki/Free-space_path_loss
- http://www.qsl.net/pa2ohh/jsffield.htm

ww. qsl.net /pa)	20hh/jsffield.htm		
	Path 3	Loss in free	e space
	UNITS:	 distance in meters distance in km distance in million distance in lightyes 	km ars
	Frequency:	144 MHz	Input frequency
	Gain TX antenna:	15 dBi	Input gain TX antenna
	Gain RX antenna:	15 dBi	Input gain RX antenna
	Distance:	25 km	Calculate
	Path loss:	-73.6 dB	Calculate

TX station: 750W out = +59dBm Path loss 74dB

RX station: Receiver input: 59-74= -15dBm S9= -93dBm => RX signal S9 + 78dB! Side band noise of TX: -136dBc/Hz ... -102dBc/2,4kHz SSB @ 20kHz out of QRG Side band noise of RX: -136dBc/Hz ... -102dBc/2,4kHz SSB @ 20kHz out of QRG QRM level @ 20kHz of QRG: -102+3 = -99dBm => S9+6dB !

Phase (sideband) noise of TX & RX Local oscillators

 comparison of regular used transceivers and why the HF TRX with transverter has better performance

http://www.sm5bsz.com/dynrange/eme2004/eme2004.htm

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www.sm5bsz.com/dynrange/eme2004/eme2004.htm

Model/ser.	Band	No	ise flo	or in -	dBc/Hz	
	(MHz)	5kHz	10kHz	15kHz	20kHz	50kHz
IC-765(02576)	14	121.3	126.7	128.4	129.0	130.1
FT-1000D(3G330126)	14	107.7	115.0	117.8	120.0	124.7
FT-736(9E260294)	144	115.7	123.7	126.7	128.4	130.8
FT-817 (1D240059)	144	101.7	110.6	114.8	118.0	126.7
FT-817 (1E270433)	144	101.0	109.6	114.2	117.4	126.0
FT-817 (1E270433)	14	107.3	115.2	119.6	122.8	128.8
FT-847 (81100231)	14	105.6	117.2	124.9	129.3	136.4
FT-847 (81100231)	144	94.3	107.3	112.7	116.1	125.2
FT-897	14	109.9	120.2	125.8	128.4	127.3
Orion(03C10433)	14	128.2	127.1	126.2	125.2	119.8
TS-2000(30400028)	14	108.6	117.8	119.6	121.1	124.1
TS-2000 (30400028	144	105.3	115.3	119.8	122.6	131.0

Table 1. Noise floor at different frequency separations from a carrier.

http://www.df9ic.de/tech/trxtest/trxtest.html

144 MHz Allmode Radios:TRX	Owner	IP3	TX sidebar	nd noise level ir	i 2,5 kHz BW
		dBm	20 kHz offset	50 kHz offset	200 kHz offset
IC275E	DF9IC	-7.5	-97	-104	-109
IC7000	DD9WG	-7.5	-87	-93	-93
IC706 - measured by DL2KCK	DL2KCK	-	-91	-95	-103
IC746	DJOQZ / D	-7.5	-82	-91	-105
IC821H	DK9VZ	-9	-77	-88	-97
IC910H	DK9IP	-8.5	-78	-88	-98
IC202	DL3IAS	-14	-100	-102	-102
Hohentwiel	DL3IAS	-5.5	-96	-97	-101
FT225RD + MuTeK + mods	DK9VZ	7	-85	-92	-106
FT817	DK2DB	-12	-83	-91	-96
FT847	DK5UY	-12,9	-80	-91	-103
FT857D	DK9VZ	-2	-84	-93	-99
TS700G mod. with GaAsFET	DK8SG	-13	-102	-106	-107
TS700S (preamp off)	DB6IR	-7	-96	-102	-104
TS790E	DJ5IR	-14.5	-84	-94	-95
TS2000 (preamp on)	DK2GZ	-21.5	-85	-97	-107
DK2DB homemade 1976	DK2DB	-11	-103	-107	-110
DK2GR homemade	DK2GR	-2	-110	-114	-114

http://www.df9ic.de/tech/trxtest/trxtest.html

HF Allmode Radios with transverter:	IF	IP3	TX sideband	l noise level in	2,5 kHz BW
	MHz	dBm	20 kHz offset	50 kHz offset	200 kHz offset
Elecraft K2 + XV144	28	-26	-93	-92	-93
Elecraft K2 + Kuhne TR144H+40	14	-9	-90	-95	-96
Orion main RX + Javornik	14	0	-93	-88	-99
TS850 (preamp off) + LT2S	28	-1,5	-93	-100	-103
TS870 (preamp off) + LT2S	28	-6	-95	-100	-104
TS870 (preamp off) + Javornik	14	-1,5	-92	-97	-99
IC756pro II (preamp off) + Kuhne TR144H	28	-5	-90	-100	-108
FT1000 M.V main RX (preamp off) + Kuhne TR144H	28	-8	-91	-99	-101
FT1000 Mark ∨ main RX (preamp off) + Javornik	28	1	-98	-106	-110
IC7800 + Kuhne TR144H40	28		-98	-102	-108

 Note: sideband noise level is ordinary presented in dBc/Hz (1Hz wide band), but in practice is used SSB filter 2,5kHz. In SSB case the sideband noise level is higher by 34dB!

What about some improvement? X.O. by DC8RI!

Phase Noise 5.000dB/ Ref -100.0dBc/Hz 0.4512 dBm Carrier 130.000326 MHz -100.0 110 Hz 1.022 kHz 10.344 kHz -109.9984 d8d/Hz 1: -138.7280 dBc/Hz -159.3286 dBc/Hz 3 -105.0 100.281 kHz -171.9387 dBd/Hz 4: 951.342 kHz -175.3109 dBc/Hz >5: -110.0 -115.0 -120.0 -125.0-130.0-135.0-140.0 -145.0 -150.0 -155.0Manun Julian Julian Manunan -160.0-165.0 -170.0 -175.0-180.0 3

http://www.ok2kkw.com/00000104/preselector/rmc/krystalove_oscilatory_sideband_noise.htm

And what about insert some X-tal filter into TX & RX IF chain?

SPECIFICA MCF 28.190	TION FOR CRYSTAL FILTER	Number: 92 272 Drawing: 61 9578
1. Electric value	15	
1.0 Number of p	oles :	6
1.1 Nominal cen	tre frequency f _{nom} :	28.190 MHz
1.2 Bandwidth b	etween 3 dB frequencies :	≥±7.5 kHz
1.3 Ripple at fnom	± 6.0 kHz :	≤ 1.5 dB
1.4 Insertion loss	s :	≤ 4.0 dB
1.5 Stop band	f _{nom} ± 17.5 kHz :	≥ 40 dB
	f _{nom} ± 25 kHz :	≥ 60 dB
	f _{nom} ± 50 500 kHz :	≥ 75 dB (except spurious)
1.6 Terminating	impedance (input and output):	50 Ohm // 0 pF
1.7 Operating ter	mperature range :	-25°C to +70°C
1.8 Case :		KF 13 (25.1 x 14.1 x 10.5 mm)
1.9 Marking on t	kRYSTALY CZ YYWW 28.190-15/06	YY = year WW = week

2. Characteristics MCF 28.190-15/06



How to find a way to improvement? Look here!

http://www.ok2kkw.com/next/sideband_noise_ft5000mp.htm

http://www.ok2kkw.com/next/staronove_vyzvy.htm

http://www.ok2kkw.com/00000104/preselector/preselect_quarz_filter.htm



How to recognize different kind of QRMs?

Bad intermodulation in transmitter: - very bad QRM in case of SSB - slightly better when CW is used - better if QRG distance is higher	
	Sideband (phase) noise of L.O. : - worst in case of CW
	- better in case of SSB
	- better if QRG distance is higher
Broadband noise of transmitter chain	
 broadband noise does not related to a modulation 	
- does not comply with QRG gap	

Corona RF arc: similar to sideband noise, but the same for SSB & CW RF ingress: variable by TX stand constellation - for example antenna beaming Bad switching PS and other reasons: create spurious modulated by transmitter Clicks in case of CW, and many more...

Very often are combined two or even more QRM reasons..

Rough and unusual QRM sources

- RF ingress from your own antenna, or from near commercial transmitter (FM, TV, KV):
 - into modulation, PLL, power supply regulation, other supportive circuits...
- switching PS for PA a TRX: operational frequency around 60 kHz:
 - creates birdies & spurios additional filtration is needed, use just HQ PS!.

http://www.ok2kkw.com/00003016/pa70cm/im008884.jpg

- another QRM source: diffused magnetic field from PS, PC, second transceiver with the same IF, RF Corona arc in the cavity of tube PA,

and particularly: any bad PWR connection - for example not well tighten screw in AC wall socket...

Troubles on receiver side

- check intermodulation robustness of complete RX chain incl. LNA
- why the LNA with high IMD performance is so needed?

Particularly due to Out of band interference!

The whole RX chain would be fatefully overloaded by signals far away from reception band - even by signals hundred MHz away!

http://www.ok2kkw.com/ok1dak/ok1dak.htm

SW simulation of RX chain:

http://www.avagotech.com/pages/appcad

(keep the RX chain gain as low as possible!)

 Out of band interference - in case of use of QTH of TV & FM transmitters -> to prevent overloading of receiver, use on the output of LNA circulator, or long coax cable (RG58) and only then some BPF!

Use of BPF only directly on the output of LNA may create even worse QRM and not the improvement!

- sideband noise of receiver local oscillator – see the sideband noise issue of the transmitter...

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File Calculate Application Examples Options Help

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Gain		8	-3,8	13,8	-3,5	14,1	13	-3,1		22
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Outp	ut Power	dBm	-53,80	-40,00	-43,50	-29,40	-16,40	-19,50	32,	മ
ANF	JN PZ	dB/dB	0,76	0,92	0,08	0,11	0,02	00,0	Ő	8
ANF	7d Gain	dB/dB	-0,24	-0,08	-0,05	-0,02	00′0	00,0	Ő	8
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Click for Web: APPLICATION NOTES - MODELS - DESIGN TIPS - DATA SHEETS - S-PARAMETERS

-168,86 dBm/Hz

Noise Floor =

Sensitivity =

-98,86 dBm

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41,00 73,50

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25,57

SFDR =

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41,00

Input IM level = Output IM level = Output IM level =

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-108,86 58,86

MDS = SNB =

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92

S/N (for sensitivity) Noise Source (Ref)

Ref Temperature

230

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Normal

System faults...

Czech republic: Class "A" license allowed use of transmitter with RF power limits:

- 750 W PEP for ordinary use
- 1500 W PEP in case of international contests & EME
- 3000 W PEP in case of international contests under the condition, that the station must be outside of urban area
- In case of use more parallel PAs, connected to one signal driver ("multibeaming design") the output power of PA should be counted as a sum of PEP of all of them and the result can not exceed 3kW RF. But not always the OK QRO contest stations are comply with such limit..
 - Because "multibeaming" contest station transmit all the contest into all used directions (!) (only receiver is switching antenna by antenna to get the best RX), the other station on opposite hill has not chance for clean reception, because previous practice turn of the antenna from each to other directions of QRO station is not possible... The result of it are exceeded physical limits (particularly sideband noise), which does not give to other station chance for clean reception... However the way back is probably not feasible any more \bigotimes

For final: how to win a VHF Contest in EU?

- manage <u>QRM free reception</u> (close station far away more, than 50km)
- Generate good enough RF field into all important directions
- Use suitable EU QTH, from where the QRB into areas with high density of contest stations (DL, OK, S5, 9A, IK) is abt. 500 to 700km to maximize points
- Find the hill with at least 300m elevation above the terrain around, without trees and TV & FM transmitters and where is possible to go there by car...
- manage good and reliable equipment + experienced VHF operators
- Due to contest stations penetration in EU I would express my belief, that one of the optimal QTH for such station would be somewhere in SP3 area. What about fulfilment of the other conditions?

EU areas with the highest density of VHF contest stations (July 2014, 70cm)



No bad QRM in VHF Contests and a satisfaction from a nice result wish you on behalf of all OK2A / OK2KKW contest team

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